



# COVID-19 ACTION CHART

REVISED (JAN. 2022)

Child or household contact experiencing the following symptom(s)

- Fever ( $\geq 37.5^{\circ}\text{C}$ )
- Continuous cough
- Nausea or vomiting
- Diarrhea
- Chills
- Muscle pain or fatigue
- Headache
- Difficulty breathing
- Loss of taste or smell
- Sore throat
- Runny nose (if accompanied by another symptom)



- Sick students should stay at home to rest and recover.
- Siblings must also stay at home during this period (see Q&A for details).
- Once the sick child has recovered, he/she should spend an additional 24 hours without symptoms before returning to school. Healthy siblings may return to school during this period.

Inform the school about the sick person's condition. Once confirmed, the child can return to school.

If symptoms persist or worsen, seek medical advice and follow the doctor's instructions.

Child and/or household contact receive an **alternative diagnosis** OR a **negative** COVID-19 test result.

\*Ask the doctor about when it is safe for your child to return to school.

If you receive a **positive** COVID-19 test result, please follow medical advice and notify the school.

We require families to report any and all overseas travel to our front office, and to strictly follow government instructions.

All individuals who have taken a PCR/Antigen test must remain at home until the results are known.





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## What will happen if COVID case is discovered within the KAIS community?

In the event of a positive COVID-19 result, we will...

- consult with the local health authorities for immediate guidance.
- inform the KAIS community.
- consider campus closure and a temporary move to distance learning.
- thoroughly clean and disinfect the school.



## A family member was identified as a close contact of a COVID-positive individual. Can I still send my child to school during the isolation period?

It depends on how the individual has been isolated from the rest of the family. Your child may return to school if all of the conditions below have been met:

- the family member received a negative PCR test result
- no family members are showing symptoms
- the family member has been completely isolated from all other members of the family, without exception.

Additional guidelines state that all family members should wear masks while at home, frequently touched areas (especially the bathroom, if shared) should be cleaned daily, and the home should be regularly ventilated. Additionally, the sick person must sleep in a different bedroom, and have meals separately.



## What kind of mask should I wear?

Non-woven cloth masks (ex. surgical masks) are mandatory from this school year. Regular cloth or polyurethane masks are not permitted. Should this cause a major problem for your child, please let us know. Additionally, please check your child's mask to ensure that it fits properly, completely covering your child's mouth and nose.





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## What safety precautions are being implemented on campus?

A thorough list of safety precautions can be found in our [COVID-19 Health Precautions](#) list. This includes wearing masks at all times, frequently sanitizing hands throughout the day, taking staff and student temperatures daily, cleaning classroom surfaces after every class, and maintaining physical distancing protocols as much as is practicable within our space.



## Can my child participate in online lessons from home?

Online learning is available to healthy students who are required to stay at home because of a sick sibling or parent. Sick students, however, should stay at home to rest and recover. Due to the negative impact to student learning and class safety, online learning is offered only to students in Grades 3 to 12. Kindergarten to Grade 2 students will not be participating in Zoom lessons, but will receive materials to work on at home and get daily support from their homeroom teachers online. Pre-Kindergarten students will be given an excused absence.



## What should I do if a member of my family has tested positive for COVID, or has been identified as a close contact of a COVID-positive individual?

Please inform the school as quickly as possible so that we can best support your family and maintain the safety of the school community. We can assist you in communicating with your local health center, if necessary. Please follow the instructions given to you by health professionals, keep lines of communication open with the school, and confirm with us before sending your child back to school.





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**? I just got my COVID-19 vaccine shot, and as a result I am experiencing a fever above 37.5°C. Do I need to stay at home?**

Children feeling unwell may receive an excused absence while they recover. For parents feeling unwell due to the vaccine, your child is able to attend school. However, if your fever or other side effects continue for more than 48 hours since the vaccine shot, please keep your child at home and seek immediate medical advice. You can contact the Tokyo Metropolitan Government COVID-19 Hotline by calling 03-6258-5802.

**? I purchased an at-home PCR test kit because I was worried about my cold-like symptoms. The results came back negative. Can I show it to prove that I am not infected with the virus?**

Unfortunately, we cannot accept at-home PCR test kit results. Please consult and follow our COVID-19 Action Chart. If your results come back positive, however, please contact a medical professionals as quickly as possible.

**? My child's PCR test results came back negative. When can he/she return to school?**

Please consult your doctor to confirm when it is safe to return to school. Please note that if you were identified as a close contact of a COVID-positive individual, you will still need to follow current government guidelines.

**? Which health organizations are informing your school policies and procedures regarding COVID-19?**

Our policies and procedures regarding COVID-19 are largely based on statements from the Japanese government and health community, the CDC, and the World Health Organization.

