

# ANTI-BULLYING PLEDGE

## KAIS ELEMENTARY & MIDDLE SCHOOL

We, the students of KAIS, agree to join together to prevent bullying and cyberbullying at our school.

We believe that everybody should enjoy our school equally and also enjoy a peaceful life at home while on the internet and feel safe, secure and accepted regardless of color, race, gender, popularity, athletic ability, intelligence, religion and nationality.

Bullying can be pushing, shoving, hitting, and spitting, as well as name calling, picking on, making fun of, laughing at, and excluding someone. "Cyberbullying" is when a child, preteen or teen is tormented, threatened, harassed, humiliated, embarrassed or otherwise targeted by another child, preteen or teen using the internet, interactive and digital technologies or mobile phones. Bullying and cyberbullying cause pain and stress to victims and is never justified or excusable as "kids being kids," "just teasing" or any other rationalization. The victim is never responsible for being a target of bullying or cyberbullying.

By signing this pledge, we, the students, agree to:

- Value student differences and treat others with respect.
- Not become involved in bullying or cyberbullying incidents or be a bully or cyberbully.
- Be aware of the school's policies and support system with regard to bullying/cyberbullying.
- Report honestly and immediately all incidents of bullying/cyberbullying to a faculty member.
- Be alert in places around the school where there is less adult supervision such as bathrooms, corridors, and stairwells.
- Support students who have been or are subjected to bullying/cyberbullying.
- Talk to teachers and parents about concerns and issues regarding bullying/cyberbullying.
- Work with other students and faculty, to help the school deal with bullying/cyberbullying effectively.
- Encourage teachers to discuss bullying/cyberbullying issues in the classroom.
- Provide a good role model for younger students and support them if bullying/cyberbullying occurs.
- Participate fully and contribute to assemblies dealing with bullying/cyberbullying.

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Student Signature

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Date